

o WOW C WOW O WOW  
O WOW O WOW O WOW

1973

o WOW O WOW O WOW O WOW  
O WOW O WOW O WOW O WOW

THE INESTIMABLE  
LIST OF WHAT IT IS

A PERSON SHOULD BE A  
DRINK AND PEES: REFRAIN  
GIVE PEACE A CHANCE: CONT  
RAPE. MURDER: MAKE LOVE  
LINE: GET UP IN THE MORNING:  
DRESS: CLEAN HOUSE: WASH DISH  
OUT FOR FAKE ETHNIC METERS: EARN  
ENTERTAINMENT: WIPE ASS PROPERLY



Y: SEE BOTH THEIR CONSCIOUS MIND

AND THEIR UNCONSCIOUS MIND AS T TWO WINGS OF A STONED BUTTERFLY THAT  
THINKS IT SHOULD BE ABLE TO FLY ON ONE WING: A PERSON SHOULD BE SUBTLE IN  
THE FOLLOWING WAYS: SMOKE CIGARET TES: MASTURBATE: SPEAK GOOD ENGLISH  
IF FROM THE ENGLISH SPEAKING WORLD: TALK WITH PEOPLE: WALK WITH  
PEOPLE: WORK WITH PEOPLE: HAVE A GIRLFRIEND OR BOYFRIEND OR  
BOTH: FUCK: TUNE IN TO WHAT THEIR HOPING TO FIND IN THE BACK

OF THEIR MIND: SEE HOW THEY USE THE HANDS OF THE BACK OF  
THEIR MIND: SEE WHAT INSIDE THE M STOPS THEM FROM USING  
THE HANDS OF THE BACK OF THEIR MIND: A PERSON SHOULD  
BE SOMEWHAT FANCY: THEY SHOULD: LIKE THEIR SELF:

SEE THEIR SELF'S NEED O S: MAKE SOMEONE LAUGH:  
BE A GOOD LIAR: CON W TROL EMOTIONS WHEN  
NECESSARY: BE AB O LE TO LAUGH AT WHAT  
THEY ARE: HOLD W TO AN AIM: DIE IN A

MINUTE TO ACCO ⚡ MPLISH THEIR AIM:  
TAKE ORDERS: LOVE ALL OF LIFE:  
HAVE PEOP E FOR DINNER:

BE ABLE TO WAKE UP THEIR  
MIND: BE ABL E TO PUT THEIR  
MIND TO SL EEP: BE ABLE

TO BE LIK  
ON POT<sup>1</sup>

TIME: A  
WHEN  
THEY

NIX  
GDI

O W  
WO

E THEY ARE  
: ALL THE

ND HONK  
EVER  
THINK

ON IS  
LTY

O W  
OW

o wov c wov o wov  
o wov o wov o wov

1973

o wov o wov o wov o wov  
o wov o wov o wov o wov

THE INESTIMABLE  
 LIST OF WHAT IT TA  
 A PERSON SHOULD BE A  
 URINE AND PEES: REFRAIN  
 GIVE PEACE A CHANCE: CONT  
 RARE. MURDER: MAKE LOVE  
 LINE: GET UP IN THE MORNING;  
 DRESS: CLEAN HOUSE: WASH DISH  
 OUT FOR PRAE ETHNIC METERS: EARN  
 ENTERTAINMENT: WIPE ASS PROPERL  
 AND THEIR UNCONSCIOUS MIND AS T  
 THINKS IT SHOULD BE ABLE TO FLY ON O NE  
 THE FOLLOWING WAYS: SMOKE CIGARET TES:  
 IF FROM THE ENGLISH SPEAKING WO RLD:  
 PEOPLE: WORK WITH PEOPLE: HAVE A GIRLFRIEND OR BOYFRIEND OR  
 BOTH: FUCK: TUNE IN TO WHAT THEIR HOPING TO FIND IN THE BACK  
 OF THEIR MIND: SEE HOW THEY USE THE HANDS OF THE BACK OF  
 THEIR MIND: SEE WHAT INSIDE THE M STOPS THEM FROM USING  
 THE HANDS OF THE BACK OF TH EIR MIND: A PERSON SHOULD  
 BE SOMEWHAT FANCY: THE Y SHOULD: LIKE THEIR SELF:  
 SEE THEIR SELF'S NEED O S: MAKE SOMEONE LAUGH:  
 BE A GOOD LIAR: CON W TROL EMOTIONS WHEN  
 NECESSARY: BE AB O LE TO LAUGH AT WHAT  
 THEY ARE: HOLD W TO AN AIM: DIE IN A  
 MINUTE TO ACCO W MPLISH THEIR AIM:  
 TAKE ORDERS: M LOVE ALL OF LIFE:  
 HAVE PEOP E FOR DINNER:  
 BE ABLE TO WAKE UP THEIR  
 MIND: BE ABL E TO PUT THEIR  
 MIND TO SL EEP: BE ABLE  
 TO BE LIK E THEY ARE  
 ON POT : ALL THE  
 TIME: A ND HONK  
 WHEN EVER  
 THEY THINK  
 NIX ON IS  
 GDI LTY  
 o w o w  
wo ow

SCOTT BAKELAND'S  
 RES TO BE A PERSON:  
 BLE TO BREATHE: HOLD  
 FROM VOMITING IN PUBLIC:  
 ROL IMPULSES TO BITE SPIT.  
 NOT WAR: WALK IN A STRAIGHT  
 BRUSH TEETH AND WASH FACE:  
 ES: NOT FOLLOW LEADERS: WATCH  
 ENOUGH MONEY FOR FOOD, RENT, AND  
 Y: SEE BOTH THEIR CONSCIOUS MIND WIND  
 T WO WINGS OF A STONED BITTERELY THAT  
 WING: A PERSON SHOULD BE SUBTLE IN  
 TES: MASTURBATE: SPEAK GOOD ENGLISH  
 TALK WITH PEOPLE: WALK WITH  
 PEOPLE: WORK WITH PEOPLE: HAVE A GIRLFRIEND OR BOYFRIEND OR  
 BOTH: FUCK: TUNE IN TO WHAT THEIR HOPING TO FIND IN THE BACK  
 OF THEIR MIND: SEE HOW THEY USE THE HANDS OF THE BACK OF  
 THEIR MIND: SEE WHAT INSIDE THE M STOPS THEM FROM USING  
 THE HANDS OF THE BACK OF TH EIR MIND: A PERSON SHOULD  
 BE SOMEWHAT FANCY: THE Y SHOULD: LIKE THEIR SELF:  
 SEE THEIR SELF'S NEED O S: MAKE SOMEONE LAUGH:  
 BE A GOOD LIAR: CON W TROL EMOTIONS WHEN  
 NECESSARY: BE AB O LE TO LAUGH AT WHAT  
 THEY ARE: HOLD W TO AN AIM: DIE IN A  
 MINUTE TO ACCO W MPLISH THEIR AIM:  
 TAKE ORDERS: M LOVE ALL OF LIFE:  
 HAVE PEOP E FOR DINNER:  
 BE ABLE TO WAKE UP THEIR  
 MIND: BE ABL E TO PUT THEIR  
 MIND TO SL EEP: BE ABLE  
 TO BE LIK E THEY ARE  
 ON POT : ALL THE  
 TIME: A ND HONK  
 WHEN EVER  
 THEY THINK  
 NIX ON IS  
 GDI LTY  
 o w o w  
wo ow

Heavy: O wow: Come right in: Sit right down: Turn around man rose again: America woke up: Again: To become the that are capable of insight have a chance to realize you can very crowded. My small amount of furniture was carried down And not just the inestimable stoned butterfly attended our got into our packed meetings by climbing up the huge wis the bright moonlight and onto the porch roof and falling i he couldn't pile coats on a very elegant European woman brain. Yet another canary that sang bass struggled to suck steel sponge. One little man taught dancing in a huge stud having them lie motionless on the floor and dance their se mental energy. One gracious woman from Arizona made b Plaza. Two Air Force Academy graduates laughed in my ize the usefulness of the tons of fortitude they had generate football games. One man walked around Harvard Square a hanging off his shoulder and a mental night light searchin nology man spent 3 straight days and nights on acid sittin the edge of Lexington Green watching the passing neo pur Of Technology man's clearest childhood memory was of a 9" giant from Michigan told of how every night at home h and his family melt into Swiss cheese holes. A man from job dishing ice cream. Two years later he was a sous chef group led her refugee hip smoke a reefer entourage to our freak brown rice diet forced their Chauffeur to attend our sneezed once and they questioned my quality of health. A ing through his body he was called Ritchy Electricity. One women. An IBM programmer was dreaming of teaching e

nd: See what's going down: Flush: Right on: The sun of place where at least the ten per cent of human beings n begin your life all over again. Our meetings became own before each meeting to a rented room down stairs. crowded meetings A lovely mother of three regularly in teria vine covering the front of the old wood mansion in nto the window of our room. A rocker was indignant when told whose little toe was worth more than his over vibrated in vast quantities of knowledge like a thin dry clean io to legions of head shaved emaciated women W by nsations around their still bodies with their foc used ird feather earrings and sold them in Boston College face when I told them that someday they would real d in their being from having to stand thro ugh boring ll day with a huge burlesque of a women's hand bag g for his mother. One Massachusetts Institute Of Tech g cross legged before the statue of The Minute man on itan parade sparkle. Another Massachusetts Institute woman pointing at his penis as she snipped roses. A 6' e had dropped acid and gone downstairs to watch the TV New York who didn't know what to do with his life got a at the Ritz A woman from an esoteric Cincinnati jazz meetings A wealthy couple who were on a super health IS ding when I man on speed reported so much electric al energy cours thin sly man from Chicago played the h orses and rich n the ultra deep and megamyster ious computer

language Basic. One man was creating a Yogurt start up company. One Boston University lad stood speed wired blood red in the corner of his dorm room believing he was a space rocket ready to blast religious fanatic Irish lad enjoyed the easy liberty of the taxi cab driver. One woman was a registre Ohio who was given a piano by a neighbor when a child only to have her path er wreck it with a sled ge hammer to get to the piano wire frame as he believed it was gold. The junk dealer offered six dollars for the gol d painted cast iron frame. When he got back from the junk yard: He beat his daughter: Another woman was a Radc liffe socialite actor of a refined unwashed T shirt woodsy violence Polish acting school spin off. For some arcane r eason Poland and Chile were considered by many young people in those days to be twin secret bastions of exquisit e art and profound intelligence. One man was a blind poet who insisted on proving he could see. And there w ere many more: Our meetings would last from 8 at night till 2 in the morning. Then on to the house of the ine R I st im a b l e Kenneth Schwartz for an Eggs Benedict breakfast for all. And this patched coat legion of the way o ut: Sons and daughters of liberty: Children of Tom Paine: Cousins of Thoreau: Most in deepest human generos ity and sincerity wanted to learn how to be their Self: And to start th eir life all over again: And they had the good fortune to meet a human being who had started his life all over aga in: Who was his Self: K new how to become o ne's Self: And wasn't mean or cheap: Truly dealings with the g enerous are easy: It was a truly wonderful year: Of brave human beings who had left whatever Odysseus meant by home sailing psychol ogically to be: Beginn ing to sense their Self: Nearing the tyrannical dog training fear su rroundin g the inner sun o f their Self: Learning how to be quiet like the Indian Parrot<sup>2</sup> pretending death in orde r to be let out of his cage to freedom: Realizing i t's better to be in a cage with friends than alone in a rose garden: Realizing the bleak claw of t heir dog training's S elf-hatred in the dark pits of their mind forever clutching up to torture them to mind death. Blasted open by d AV rugs for a few years: They struggled quietly to hear in their mind wher e to place th eir futu re into a new gear: Had wonderful time: Wish you were there: In time to come: Som e chose to be their Self: Some chose to be their dog training: In WI this I would not interfere: One's own is one's own: Everyone ha s to light the fire under their own stove: E veryone ST has to have their own life: It is up to each pe rson to be w hat they are able to realize they can be: E W ER IA IN IS TE VI RI AV IN EW IS TE RIA NE WI ST ER IA VI NE WI ST ER VA NE

ANDSOME  
H  
ME  
STHOS  
HAT  
duc  
AR  
ing  
E  
FAR  
ARE  
NEAR  
ANDSOME  
TIMES  
THOS  
THAT  
ARE  
NEAR  
ARE  
NEAR  
FAR<sup>3</sup>

1 See Ernest Jones MD: THE LIFE AND WORKS OF SIGMUND FREUD, 1953  
2 See Rumi: THE MATHNAWI: :How the merchant cast the parrot out of the cage and how the dead parrot flew away, c.1270 3 Hafiz of Shiraz